

2017-2018

GPS GLENBARD PARENT SERIES

Navigating Healthy Families



The Glenbard Parent Series engages top experts, parents and school staff to become proactive and informed in pursuit of the mutual goal to strengthen our communities. Programs are free and open to the public.

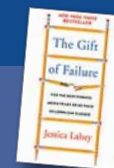


Join other parents, high school and middle school students and professionals to learn about issues facing today's youth.

Our mission is to facilitate real-world parenting skills that enhance our teens' social and emotional development, encourage responsible decision-making, and promote respect-based relationships.

Dr. David Larson,
Superintendent

Gilda Ross, *Student and
Community Projects Coordinator*



Levar
Fisher



Deborah
Gilboa



Scott Barry
Kaufman



Jessica
Lahey

CALENDAR OF EVENTS

August 2017

Back to School Athlete Night

Parent and Athlete Meetings

MONDAY, AUG. 14

Doug Petit

One Father's Story

6 p.m., Glenbard North

MONDAY, AUG. 14

Levar Fisher

Peak Performance: Playing with Dignity and Grace

6 p.m., Glenbard East

TUESDAY, AUG. 15

Dr. Greg Dale

Excellence in Sports Performance: Establishing a Winning Culture

6 p.m., Glenbard South

6:30 p.m., Glenbard West

GPS Community Read

WEDNESDAY, AUG. 23

Sonia Nazario, M.A.

Enrique's Journey: The True Story of a Boy Determined to be Reunited With His Mother

Students are encouraged to read the Young Adult version of this book.

7 p.m., Glenbard East

Connect



glenbardparentseries



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Glenbard Parent Series



Glenbardparents.blogspot.com

September 2017

WEDNESDAY, SEPT. 13

A Day with Deborah Gilboa, M.D.

Ask Dr. G

† **How to Teach Resilience to Young Children**

9:30 a.m., Marquardt Administration Center

Get the Behavior You Want ... Without Being the Parent You Hate

Noon, Marquardt Administration Center

Health Expo

6:15 p.m., Glenbard West

Start the Year Off Right:

Raising Responsible, Resilient and Successful Teens

7 p.m., Glenbard West

THURSDAY, SEPT. 21

Jacy Good

Hang Up and Drive: The Jacy Good Story

7 p.m., Glenbard North

SATURDAY, SEPT. 23

Frank Palmasani, English presentation

Ercilia Jonas, Spanish presentation

Conquering the Challenges of College Costs

10:30 a.m., Glenbard West

October 2017

TUESDAY, OCT. 3

Dr. M. Joann Wright: Linden Oaks Behavioral Health

Dousing the Flame: Extinguishing Challenging Behaviors and Anxiety

Noon, CCSD 93 Administrative Center

MONDAY, OCT. 9

Pre-meeting Columbus Day Dinner, 6:30 p.m.

*Dr. Scott Barry Kaufman:

Intelligence and Creativity Re-examined: The Many Paths to Greatness

7 p.m., Glenbard South

SATURDAY, OCT. 14

Effie Rouse, College Board Director

The College Admission Test: Tips to Prepare for the New SAT

FAFSA Completion Assistance

10:30 a.m., Glenbard East

MONDAY, OCT. 16

Ryan Goble, M.Ed. and Dr. Pam Goble

New Ways to Enhance Learning (through Media and Technology): Study Skills and more

FASFA Completion Assistance

7 p.m., Glenbard North

November 2017

WEDNESDAY, NOV. 1

Liz Repking, Linda Lewaniak LCSW and Teen Panel

Straight from the Source: Teens Talk Social Media Now

7 p.m., Glenbard South

TUESDAY, NOV. 14

Jessica Lahey, J.D.

The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed

7 p.m., Glenbard West



Jessica Minahan Shimi Kang Chris Herren Ruha Benjamin Laura Kastner Christine VanDeVelde Sonia Nazario Lisa Damour Greg Dale Eugenia Cheng

WEDNESDAY, NOV. 15

Jessica Lahey, J.D.
The Gift of Failure: Fostering Intrinsic Motivation and Resilience in Kids
 Noon, Marquardt Administrative Center

THURSDAY, NOV. 30

Dr. Brenda Nelson
Mindfulness and Social Emotional Learning: An Approach for Sailing the Rough Seas of Adolescence
 Noon, CCSD93 Administration Center

December 2017

WEDNESDAY, DEC. 6

Jessica Minahan, M.Ed.
Children Who Challenge Us: Effective Behavior Management at Home
 7 p.m., Glenbard North

January 2018

TUESDAY, JAN. 16

Jodi Norgaard, Founder of Dream Big Toy Company
Moving Beyond Stereotypes: Empowering Girls and Boys to Develop their Unique Talents
 Noon, Marquardt Administrative Center

WEDNESDAY, JAN. 31

Shimi Kang M.D.
The Myth of Normal: Understanding Anxiety, Depression and Addiction
 Noon, Marquardt Administrative Center

WEDNESDAY, JAN. 31

Shimi Kang M.D.
The Dolphin Way: Raising Happy, Healthy, and Self-Motivated Kids
 7 p.m., College of DuPage, McAninch Arts Center

February 2018

WEDNESDAY, FEB. 7

Dr. Mark Reinecke, Northwestern Medicine
Taking Care of Ourselves: Lessons for Managing Stress and Worry
 Noon, CCSD93 Administration Center

WEDNESDAY, FEB. 21

Chris Herren
Unguarded—My Message to Parents: a Conversation with NBA Star Chris Herren
 7 p.m., Glenbard East; *A community conversation will follow this program.*

March 2018

THURSDAY, MARCH 1

*Dr. Ruha Benjamin
Using Science for Good: Innovation, Inequality, and Imagination in the 21st Century
 7 p.m., Glenbard South

THURSDAY, MARCH 8

A Day with Dr. Laura Kastner
 † ***Getting to Calm: Cool-Headed Strategies for Raising Independent 3 to 7 Year Olds***
 9:30 a.m., Marquardt Administration Center
Getting to Calm: Cool-Headed Strategies for Parenting Tweens and Teens
 Noon, Marquardt Administration Center

Calm Parenting for Tough Teen Topics: Healthy Relationships, Substance Use, Media Management and Worry
 7 p.m., Glenbard West; *A community conversation will follow this program.*

April 2018

TUESDAY, APRIL 10

Journalist Christine VanDeVelde and Robin Mamlet, former Stanford University Director of Admissions
From Application to Acceptance Step-by-Step – The College Admission Process
 7 p.m., College of DuPage, McAninch Arts Center

TUESDAY, APRIL 24

*Dr. Eugenia Cheng, Concert Pianist/Scientist in Residence at the Art Institute
Logically Speaking Math, Music and the Mind
 7 p.m., Glenbard South

May 2018

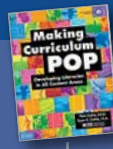
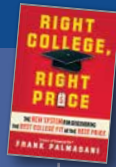
TUESDAY, MAY 1

Dr. Lisa Damour
The Essential Guide to Navigating Adolescence: Untangled—The Seven Stages to Adulthood for Girls and Boys
 Noon, Marquardt Administration Center

Dr. Lisa Damour
The Essential Guide to Navigating Adolescence: Untangled—The Seven Stages to Adulthood for Girls and Boys
 7 p.m., Glenbard West

* Thought Innovator

† For parents of younger children



Jacy Good

Lourdes Ferrer

Ray McElroy

Ferney Ramirez

Frank Palmasani

Pam Goble

Troy Cicero

Liz Repking

Doug Petit

Linda Lewaniak

Families of African-American Students

*FUSE Families United for Student Excellence
African-American Parent Group
Co-sponsored by the DuPage County
Branch NAACP*

SATURDAY, SEPT. 16

Troy Cicero
**Goals Today/Success Tomorrow and
Academic Recognition Program**
11:30 a.m., Glenbard North

THURSDAY, DEC. 7

Dr. Raquel Wilson and Distinguished Panel
Find Your Future at College Night
6 p.m., Marquardt Administration Center

SATURDAY, MARCH 17

Ray McElroy
**The Secrets to High School Victory and
Leadership Recognition Ceremony**
11:30 a.m., Glenbard South

GPS Programs in Spanish

WEDNESDAY, AUG. 23

Julián Lazalde
**Latino Policy Forum: Navigating the
American Education System: An Update
and the Challenge**
Back to School Picnic
6 p.m., Glenbard East Cafeteria

SATURDAY, SEPT. 23

Ercilia Jonas
**Conquering the Challenges
of College Costs**
10:30 a.m., Glenbard West

SATURDAY, OCT. 14

Ercilia Jonas
**The College Admission Process and
FAFSA Completion Assistance**
10:30 a.m., Glenbard East

FRIDAY, NOV. 3

Dr. Lourdes Ferrer
Parents in the Driver's Seat Academy
7 p.m., Glenbard East

THURSDAY, JAN. 25

Mariana Proske, M.A.
**From Use to Abuse: What Parents
Need to Know**
7 p.m., Glenbard East

FRIDAY, FEB. 2

Dr. Lourdes Ferrer
Parents in the Driver's Seat Academy
7 p.m., Glenbard East

SATURDAY, FEB. 3

Dr. Lourdes Ferrer
Grooming for Excellence Academy
SAT Math Review for Students (English)
11 a.m., Glenbard East

SATURDAY, APRIL 21

Dr. Ferney Ramirez
10 Keys to School Success
11:30 a.m., Glenbard East

*Translation headsets are available upon
request for all events. Childcare is provided.*

Program Location Addresses:

- Glenbard North:** 990 Kuhn Road, Carol Stream, IL 60188
- Glenbard South:** 23W200 Butterfield Road, Glen Ellyn, IL 60137
- Glenbard East:** 1014 S. Main St., Lombard, IL 60148
- Glenbard West:** 670 Crescent Blvd., Glen Ellyn, IL 60137
- CCSD District #93 Administration Center:** 230 Covington Drive, Bloomingdale, IL 60108
- College of DuPage, McAninch Arts Center:** 425 Fawell Blvd., Glen Ellyn, IL 60137
- District #15 Marquardt Administration Center:** 1860 Glen Ellyn Road,
Glendale Heights, IL 60139

**For questions, contact
Gilda Ross at (630) 469-9100
or gilda_ross@glenbard.org**

**Please visit glenbardgps.org for
more information about all GPS
programming, videos, schedule
updates and parent resources.**



**Glenbard Township
High School District 87**